

QUALITY OF LIFE AND THE PROGRESS OF PEOPLE LIVING WITH DEMENTIA

WHAT IS THE ISSUE?

From the perspectives of people living with dementia, their relatives and carers: what do Quality of Life and the progress of individuals mean?



KEY FIGURES



Worldwide, around **47 million** people live with dementia, with nearly **60%** living in low- and middle-income countries



Every year, there are **9.9 million** new cases

The total number of people living with dementia is projected to near

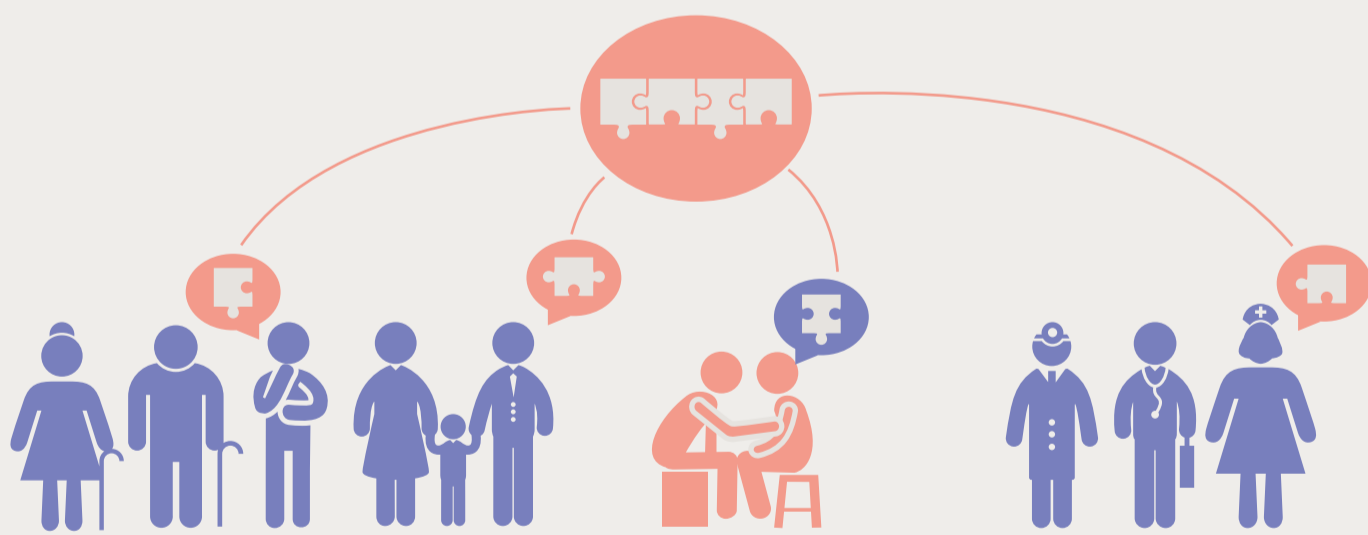
75 million in 2030



and almost triple **by 2050 to 132 million**

WHAT DID WE LEARN?

When it comes to improving quality of life for those living with dementia, their relatives and carers, **the language we use is a priority** for many reasons, including the need for care to benefit from a new narrative to underpin a renewed shared sense of purpose



To avoid stigmatising those living with dementia, it is essential to achieve the **delicate balance between safety and autonomy**, managing risks while promoting engagement in meaningful activity



Find out more by reading the full report: **'Treat me like a person, because that is what I still am'**

A partnership with Planetree.



As an in-house 'think-tank', the Sodexo Institute for Quality of Life is inspired by Sodexo's deeply held conviction that improving Quality of Life leads to the progress of individuals and contributes to the performance of organisations. Its role is to gather and develop insight to help Sodexo understand better what are the levers of Quality of Life.



QualityofLifeInstitute@sodexo.com